Students choose the following:
- Aquatics.
- Athletics.
- Dance.
- First Aid & Sports Injury.
- Fitness.
- Games & Sports Application.
- Gymnastics.
- Healthy Lifestyles.
- Individual Games & Sports.
- Outdoor Recreation.

Exploring Early Childhood

**Compulsory Cores**
- Pregnancy & Childbirth.
- Child Growth & Development.
- Promoting Positive Behaviour.

**Optional Modules**
- Learning Experiences.
- Play & Development.
- Starting School.
- Gender & Young Children.
- Children & Change.
- Children Services Industry.
- Children & Media.
- Children & Law.
- Food & Nutrition.
- Health & Safety.

Resources
PDHPE & Sports equipment, Archery, Baby simulator, Badminton, Fitness testing equipment, Fitness lab, Innovative childhood games, Outdoor recreation equipment, Parachute, Sports Science equipment, Recreational venues of Penrith.